

## Directions to Back To Health

Back to Health is located between Brookfield road and Barker road at 19395 W. Capitol Drive, Suite L05, Brookfield, in the Fox River Business Center which are 4 red brick multistory buildings.

### From the East

Take Capitol Drive West toward Pewaukee. After the stop lights at Brookfield Rd, take your next left onto Richland Parkway. Turn right into the Fox River Business Center. 19395 with the second building on your left. Parking is available on all sides of the building. The suite is listed as the Wellness Group in the building directory. Take the stairs or elevator down to the lower level and my office is located in Suite L05 on the East side of the building. Once you are in the waiting room, have a seat, make some tea if you wish, and I will get you when I am ready.

### From the West

Take Capitol Drive East toward Brookfield.

Option 1: Take a right onto Mitchel Park Drive, a quick left onto the frontage road. Right at the next turn. 19395 is the building right in ahead and slightly to the right.

Option 2: Take a right onto Richland Parkway. Turn right into the Fox River Business Center. 19395 with the second building on your left.

Parking is available on all sides of the building. The suite is listed as the Wellness Group in the building directory. Take the stairs or elevator down to the lower level and my office is located in Suite L05 on the East side of the building. Once you are in the waiting room, have a seat, make some tea if you wish, and I will get you when I am ready.

### From the South

Head North on Brookfield or Barker Road. Turn onto Capitol drive (left if on Brookfield, right if on Barker)

See Options from above.